



Get Your Groove On!

By now you are getting into the groove of school. You have a set schedule down, you know what's expected of you and you are working hard to achieve your goal of high school graduation!

We know the journey can be tough at times and we are here to support you every step of the way.

Reach out to us when you need help, have questions, need guidance— we are here to help you become the best version of your self you can be!

Reminders of must-do's for success at Insight:
Log into, and complete work in, every class, every school day.
Learning Coach enters attendance at the end of the school day.
Maintain open communication with teachers and staff.

Learning Coach University

Learning Coach University (LCU) is a monthly workshop for parents and learning coaches. This month we will be covering course materials, communication, how to check the gradebook, and roles and responsibilities.

Subject: Lost in Cyberspace

When: October 21st at 12:00 p.m.

Where: Click on your (parent or learning coach) scheduled Class Connect link five minutes prior to start time.

Tricks and Tidbits for Success

By Courtney Dale

The best part about Physical Education at Insight, is students get to choose what they want to do for their daily physical activity. I have had students from all different back grounds who participate in dance, hockey, surfing and martial arts! I love getting to know my students and hearing about all their indoor and outdoor P.E. adventures! To earn an "A" students are required to record those adventures in their activity log and submit their logs every Friday. The best part about being a teacher at Insight is helping our student's reach their own personal

College Workshop

Join us October 14th at 12:00 p.m. for an information session on community colleges!

We will be covering areas of study, types of degrees offered, how to transfer to a 4-year university, campus life and how to apply.

Click on your scheduled Class Connect session five minutes prior to start time.

Inside This Month's Newsletter:

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Teacher and Support Staff Spotlight



Morgan Vincent



Morgan Vincent is a new Lead Teacher at Insight this year. She comes from teaching English here at Insight last year, and before that she taught at a traditional high school for about five years. After she attended high school herself, she attended the University of Southern California, where she received her Bachelor's degree in Comparative Literature with a minor in Natural Science. She then obtained a teaching credential in English and a Master's degree from Azusa Pacific University. She is now married with two children, a son who is almost three years old, and a daughter who is one. She also has two dogs, two cats, and three turtles, which makes for a very full house! In her spare time, she loves to read, watch movies, and just hang out with her family!

Danielle Ward

See the lady to the right? That would be me. I'm Mrs. Ward. I started working for Insight in the spring of 2015. Since then I have been privileged to work with several marvelous students & their families. I've been a teacher for the past two years. I attended college in central California at California State University Monterey Bay. It was there that I met my husband Brandon, and earned a degree in Human Communications with a concentration in English. From there we moved to Southern California and I continued school earning a Master's in Education in the spring of 2015. I am currently enroll at University of San Diego where I am working to clear my teaching credential. So not to worry students, Mrs. Ward has her fair share of homework too. As a teacher I always try to be creative, kind & encouraging as I challenge my students to exceed academically and as individuals. A secret skill of mine would be that I am almost fluent in American Sign Language.

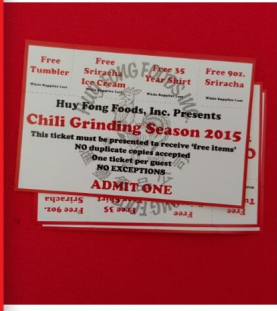
When I am not plugged in to my virtual teaching environment I can be found reading, involved at my church, working out or outdoors with my husband and our two dogs.

If you haven't had me as a teacher before I should warn you, I love my dogs. For now, they are like my children. Apart from teaching, I also own a wedding planning business with my best friend. This is a new and recent venture we have decided to take on due to our knack for creativity, organization and love for all things wedding. Yes, I do love Pinterest. Lastly, I would like to mention through my personal academic trajectory I have had some of the most inspirational and caring teachers, and I hope to impact my students in the ways in which I have by my educators.



Hey Everyone--
Meet my Pup Rue,
Husband Brandon
and Pup Boaz





Look at the fun we had on our September field trips!

Sriracha Field Trip 9-26-15

FENDER GUITAR FIELD TRIP 9-28-15

Be sure to join us for our October in-person events!



Support Calendar

The support calendar contains information on dates and times of a variety of parent and student support options, workshops, tours, activities and field trips. Each of the Class Connect sessions are scheduled for you already– all you need to do is click on the link in your Class Connect sessions list for that day!

These include: Help Desk (for parents and students)

Career Workshop (for students, parents and learning coaches)

~ October 2015 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 2-3 Help Desk	2	3
4	5	6 Qtr 1 Half Way Point 11-12 Help Desk	7 Fashion Design, Cosmetology, Esthetician, Manicuring Careers Workshop @ 3:30 p.m. 2-3 Help Desk	8 2-3 Help Desk	9 11-12 Teen Parent/ Pregnant Club	10
11	12 No School	13 11-12 Help Desk	14 11 a.m. All Student Assembly 12-1 p.m. College Workshop	15 2-3 Help Desk	16	17 In-Person College Open House! MUD @ Burbank Prizes, raffles, demos 10 a.m. - 1 p.m.
18	19 In-Person College Tour! FIDM Los Angeles 11 a.m. - 12:30 p.m.	20 11-12 Help Desk	21 12-1 p.m. LCU: Lost in Cyberspace	22 2-3 Help Desk	23 11-12 Teen Parent/ Pregnant Club Red Ribbon Week Begins	24 In-Person Activity! Celebrate Red Ribbon Week @ Camelot Golfand 9-12
25	26 Red Ribbon Week	27 11-12 Help Desk Red Ribbon Week	28 12-1 Red Ribbon Week CC Red Ribbon Week	29 In-Person College Tour! Marinello School of Beauty 10-12 @ Moreno Valley 2-3 Help Desk Red Ribbon Week	30 Red Ribbon Week	31

Career Focus for October: Fashion and Beauty Industries

Campus Tour of Marinello School of Beauty

If you are interested in a career in cosmetology, esthetics, or manicuring, join us on this informational tour!

**Thursday, October 29th @ 10:00 a.m. in
Moreno Valley**

Please RSVP your spot (only 10 spots available) at:

<http://goo.gl/forms/kYK2neqvqo>

Campus Tour of FIDM

Have a passion for fashion or design?

Join us for a tour of the Fashion Institute of Design and Merchandising in Los Angeles!

Monday October 19th 11:00 a.m.—12:30 p.m.

This fashion-forward tour will take us through the Los Angeles campus where you will learn more about areas of study and how to earn your A.A. or B.A.

Please **RSVP BEFORE OCTOBER 9th** at:

<http://goo.gl/forms/21IaC3cfLW>

Open House at MUD (Make-up Designory)

Ever dream of becoming a makeup artist in this huge industry, so close to home?

Join us for an open house at Make-up Designory (MUD) @ Burbank!

Saturday, October 17th 10:00 a.m.—1:00 p.m.

In this informational on-campus open house, you will view demonstrations of makeup application in Fashion, TV/Film, Special Effects and Beauty makeup, participate in raffles and enjoy a free continental breakfast!

Please RSVP to reserve your spot at:

<http://goo.gl/forms/ehyXXgujOw>

October Career Workshop: Fashion Design, Cosmetology, Esthetician, Makeup Artistry and Manicuring

Join us on **October 7th at 3:30 p.m.** for an in-depth look at careers in the fashion and beauty industries! Topics covered include job descriptions, jobs available, education required and salaries, plus view quick clips of various jobs in these industries. Click on your scheduled Class Connect session five minutes prior to start time.

Celebrate Red Ribbon Week With Us!

Red Ribbon Week is October 23-31, 2015



Just say **“NO”** to drugs
and **“YES”** to fun!

In honor of **Red Ribbon Week**, join us for a
Saturday morning of fun at:

Camelot Golfland in Anaheim, CA on October
24th 9 a.m. – 12 p.m.

FOR ONLY \$10 YOU GET UNLIMITED GOLF AND VIDEO GAMES, PLUS
1 GAME OF LASER TAG!

ALL AGES WELCOME!

PLEASE RSVP YOUR SPOT AT: [HTTP://GOO.GL/FORMS/2NEEXFQ2HO](http://goo.gl/forms/2NEEXFQ2HO)



See redribbon.org for more information and to enter a contest to win an iPad and \$1,000 for our school!

Join us for a Class Connect session in celebration of Red Ribbon Week on Wednesday, October 28th at 12 noon— open to students, families and friends!

Click on your scheduled Class Connect session five minutes prior to start time to access

Counselor's Corner

By Jamie Forrest

After high school, you can choose many different paths to continue your education. One path is to earn a certificate, degree, or diploma from a career college or technical school that will train you for a specific career, trade, or profession. Those schools train students for a variety of technical positions, including automotive technician, computer technician, hairstylist, medical assistant, truck driver, and many other fields. The following website gives you some questions you'll want to ask before enrolling in a career college or technical school. This Web site can help you choose the right school to meet your career goals.

<http://www2.ed.gov/students/prep/college/consumerinfo/index.html>

Test Taking Tips

By Kristina Bos

Test taking is a part of school from elementary through college. The great thing is that there is a lot that you can do to improve your score before the test. Below are some helpful tips to do before the test day.

Vocabulary

Before the test review any vocabulary. You can find vocabulary words for each unit under by clicking on the Unit then Student Resources and then Keywords. Also, look over each lesson. At the end of the lesson take a moment to summarize the lesson in your own words. Saying it out loud is even better.

Practice

For Math or classes with any problems practice each kind of problem that will be on the test. The best thing to do is to practice solving a problem with help and then all by yourself. If you are able to complete it on your own before the test, then you know that you can do it on test day.

Ask for help

Your teachers here at Insight are here to help you learn and succeed. If you have a question

Attend Live Sessions.

Many times there are Live Sessions or the recordings specifically to review for a test. Attending these will help you immensely. This is the time to find out what you are strong in and what you need to improve in.

Take Notes

Taking notes will not only help you to remember better, but in most cases you can use those notes while taking your test. Ask your teacher if this is ok. Remember we are in a virtual world, so notes don't have to be hand written, although this will improve your recall.



You can take screen shots and put them into One-Note, Word or even just Notepad. Sometimes a picture

will be more helpful than a paragraph. As you start to take notes remember that a screen shot may be quick and easy to take, but it can't be searched. On most computers if you have typed information then you can search by holding down the Ctl button and clicking F. This will bring up a search box. If you typed your notes then you can search in this manner.

Attend Help Sessions

Help session will help you to hit any of those weak spots that you have and prevent you from having to retake a test. Ask your teacher to join in on the help sessions. Often you will get 1 on 1 time with the teacher.

Lastly, relax. You will score better when you relax than if you are stressed out. If you are having a difficult time relaxing then try to add two 3 digit numbers in your head. Doing this will help to switch your brain from stress mode to thinking mode. By the way, this works great to calm down if you are angry as well.

Connect With Us!

Have a Question?!

Your homeroom teacher can help! Call on them with any question through k-mail or by phone!

For technical issues, please call: 866-512-2273

All Student Assembly!

Join us for our Quarterly All-student Assembly on October 14th at 11:00 am.!

Click on your scheduled Class Connect five minutes prior to start time.

Make entering daily attendance easy- download the *free* K12 Attendance App for smartphones!



Want to Join the PTA (Parent Teacher Association)?

Are you interested in helping us begin our first PTA?

Please click on, or copy and paste the following link so we can get your information and reach out to you!

<http://goo.gl/forms/udFJxJQ1s1>

*Have an Awesome
October!!!*



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