

## It's Quarter 3, Can you Find the Leprechaun?

While we are all busy with school, work and trying to have that vital part to our lives—play...realize that this is your opportunity to win a "sweet" prize if you are the first person to k-mail Dana Mendez on which page of this newsletter you found the Leprechaun!

### **Learning Coach University**

We will be discussing tips to help support your students and creating functional schedules in this month's Learning Coach University!

What: Learning Coach University (LCU) is a

monthly workshop for parents and

learning coaches.

**Subject:** Tips for Struggling Students and

Scheduling

When: March 16th at **12:00 p.m.** 

**Where:** Click on your (parent or learning coach)

scheduled Class Connect link five

minutes prior to start time.

## **Inside This Month's Newsletter:**

- ⇒ Teacher and Support Spotlight
- ⇒ March Online Opportunities
- ⇒ March Field Trips and Hangouts
- ⇒ Support Calendar
- ⇒ Testing and Intervention
- ⇒ Studying and Online Success
- ⇒ Counselor's Corner
- ⇒ Student's Unite
- ⇒ Connect With Us

Do you desire to be a part of our newsletter's *Student's Unite?* 

Are you passionate about your art, hobby, craft, writing, giving advice or storytelling?

Then join us in making our newsletter reach even more people by contributing to it!

K-Mail Dana Mendez for more information!

## **Teacher and Staff Spotlight**

## Heather Wilkerson

I am your Compliance Liaison and part of the Family Support Team here at Insight Schools. I come from a background in Education and have been working in the school systems for over ten years. I began as an After-School Tutor and worked my way up to become an Instructor (first as an Intervention Instructor and then as Technology Instructor) for one of the local Elementary Schools.

I live in the Central Valley of California and while this is where I was born and raised —I have a wandering soul and have travelled the world over. In fact, this last summer I travelled to my 18<sup>th</sup> country!!! I began falling in love with travel in my early twenties and got a small taste of it by travelling to Singapore. But it wasn't until I got involved with a company known as People to People (started by the late President Eisenhower) that I really was able to explore. With this company, I volunteer as a Teacher Leader and travel with students to exciting places. I am a history geek so getting to explore old castles and visiting monuments that have been around for hundreds of years really is the most exciting part of my travels. I have been to the Paris and the Eiffel Tower twice and London three times!! I also enjoy taking pictures when I

travel and have a great collection of beautiful, historical and awe-inspiring photos.

In fact, all this travel spurred me to decide to move to Costa Rica. In the summer of 2012, myself and my two teenagers, moved to the Caribbean beaches of Costa Rica's Puerto Viejo. We spent six months enveloping ourselves in the exciting and diverse culture. Living where the rainforest meets the volcanic-black beaches was absolute paradise – but we did begin to miss some of the luxuries of home (Starbucks and Target among them).

We have been back home for just about three years, now. My son is attending college for architect design and my daughter attends a k12 school and will graduate high school soon, she is also a competitive all-star cheerleader and gymnastics coach. They both can't wait to explore the world on their own. As a parent, I believe that I have taught them that education is important, but also learning from history that can be seen and touched and the peoples who have lived it is an education in itself.

## Katie Miraglia



I am in my first year at Insight and currently teach Personal Finance and Digital Arts. I have enjoyed the transition from brick and mortar school to online education!

I grew up in rural Oklahoma on a ranch where I milked cows, hauled hay, and learned what it was to truly work hard. I was active in sports, 4H, Farmers Union, and everything else my small town could offer! After graduating high school with 16 of my closest lifelong friends (yes, that was the whole class!) I attended college at Northwestern Oklahoma State University. I earned a degree in Business Administration in 2002. After a short time in the work place I went back to school for my teaching credential. After getting married to my college sweetheart, we moved to Dallas Texas when I got my first teaching job. I taught HS computer and yearbook classes for three years before moving to Orange County because of a job transfer for my husband.

Eight years ago I became a Mom! We now have two beautiful girls ages 8 and 5 who keep us busy with sports, choir, and gymnastics. I had a few fun jobs before coming to Insight including, elementary Media Center Instructor, afterschool I-Pad Class Instructor, and Lead Teacher for an Education Foundation.

When I'm not teaching I love spending time with my two daughters, my husband, and our Maltese dog Biscuit. We all love to go to the beach, hike, watch football, go camping and travel.





Tired of adults answering all of your questions?

Do you have questions about school, managing your day or other activities?

Text your questions to: 714-519-6584 and we will print your question and our response in next month's newsletter!



# STUDENT ADVICE COLUMN

fppt.com

Insight\*

Open to student, parents and LC's!

11:00 a.m. by clicking on your scheduled Class Connect session.

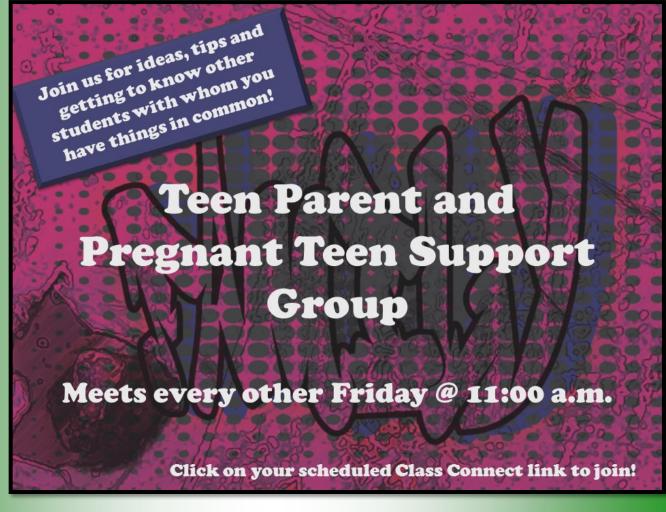


Topics covered include: branches of the military, descriptions of jobs available, how it can help you with your education, salaries, plus view quick clips of many types of jobs in the military!

Military Careers
Workshop

www.fppt.info



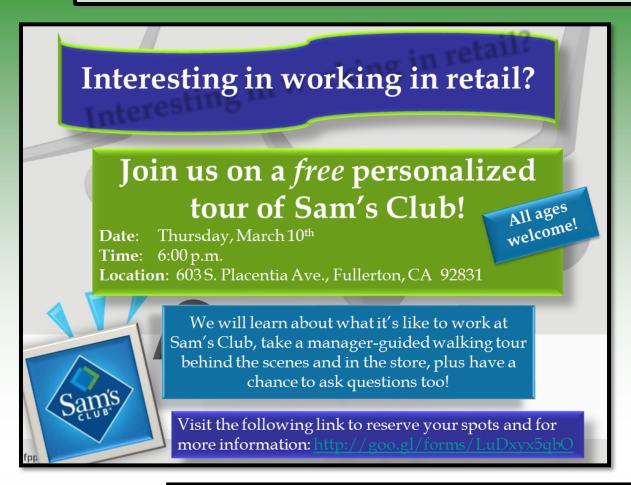


Look at the fun and knowledge we gained at our In-Person Events in February!





## **MARCH IN-PERSON FIELD TRIPS: Sign up NOW!**





## **MARCH IN-PERSON FIELD TRIPS: Sign up NOW!**

# Join us in March on a free personalized tour of:

We will learn about store operations, morning preparations, nutrition, and the history of IN-N-OUT.



Students in grades K-12 are invited!

RESERVE YOUR SPOT! All tours begin at 8:45 a.m.

San Diego- March 17th sign up at: http://goo.gl/forms/W5vvpSOEMA

Baldwin Park- March 29th sign up at: http://goo.gl/forms/I0RAzVabCu

Menifee- March 30th sign up at: http://goo.gl/forms/XFHtbiLQ0a

Oakland- March 30th sign up at: http://goo.gl/forms/Dc4TxnYfSN

Modesto- March 31st sign up at: http://goo.gl/forms/SGOux6oAAF

Links you can click on!

Sam's Club Tour RSVP: <a href="http://goo.gl/forms/LuDxyx5qb0">http://goo.gl/forms/LuDxyx5qb0</a>

**IN-N-OUT Tour RSVP's:** 

Baldwin Park sign up at: <a href="http://goo.gl/forms/l0RAzVabCu">http://goo.gl/forms/l0RAzVabCu</a>
Menifee sign up at: <a href="http://goo.gl/forms/XFHtbiLQ0a">http://goo.gl/forms/XFHtbiLQ0a</a>
San Diego sign up at: <a href="http://goo.gl/forms/W5vvpSOEMA">http://goo.gl/forms/W5vvpSOEMA</a>
Oakland sign up at: <a href="http://goo.gl/forms/Dc4TxnYfSN">http://goo.gl/forms/Dc4TxnYfSN</a>
Modesto sign up at: <a href="http://goo.gl/forms/SGOux6oAAF">http://goo.gl/forms/SGOux6oAAF</a>

Karate & Fitness Field Trip RSVP: <a href="http://goo.gl/forms/ebJM85QBQE">http://goo.gl/forms/ebJM85QBQE</a>

March Career Workshop: Retail and Restaurant Industries: <a href="http://tinyurl.com/">http://tinyurl.com/</a>

gtvuaan

## **March In-Person Hangouts!**

DATE	START TIME	END TIME	COST PER PERSON	LOCATION	CITY	COUN- TY	HOST- ING TEACH- ER	HOSTING TEACHER PHONE #
3/4	1:00 PM	3:00 PM	Free	Hiking treasure hunt with prizes! 3860 Pendiente Ct.	San Die- go	San Die- go	Kristina Bos	323-505- 2671
3/11	11:00 AM	12:00 PM	Free	Guided Park Tour of Balboa Park, 1549 El Prado	San Die- go	San Die- go	Trevore Humph- rey	858-568- 2271
3/11	11:00 AM	2:30 PM	Free	Old Town Sacramento, 1000 Front St., Meet in front of the Delta King	Sacra- mento	Sacra- mento	Shelia Diaz	707-696- 1314
3/18	5:00 PM	9:00 PM	18 & under: free Adults: \$7.50	Friday Nights @ Oakland Museum of California, 1000 Oak St.	Oakland	Alameda	Jake Wheeler	209-214- 8518
3/25	12:00 PM	2:00 PM	Free - Paid Parking	Torrey Pines Beach Hike- Meet at Bottom Parking Lot	Del Mar	San Die- go	Joseph Grisafi	619-485- 0667
4/2	1:30 PM	2:30 PM	Depends on your order	Shave It, 455 Carmen Dr.	Camaril- lo	Ventura	Bo Binas	661-857- 7735

## **March Support Calendar**

The support calendar contains information on dates and times of a variety of parent and student support options, workshops, tours, activities and field trips. Each of the Class Connect sessions are scheduled for you already— all you need to do is click on the link in your Class Connect sessions list for that day!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<b>1</b> 11-12 Help Desk	2	3	4	5	
				2-3 Help Desk	10-11 LGBTQ Club		
			12 p.m. Retail and Restaurant Career Workshop		11-12 Teen Parent/Pregnant Club		
6	7	8	9	10	11	12	
Ŭ	,			Qtr 3 Half Way	11	In-Person	
				2-3 Help Desk	10-11 LGBTQ Club	Karate & fitness	
				In-Person		Fullerton @ 2:00 p.m.	
				Sam's Club Tour @ 6 p.m.			
13	14	15	16	17	18	19	
			11 a.m. Military Careers Work- shop	2-3 Help Desk	10-11 LGBTQ Club		
		11-12 Help Desk	12 p.m. Learning Coach University	In-Person	11-12 Teen Parent/Pregnant		
				In-N-Out Tour @ San Diego @ 9	Club		
				a.m.			
20	21 No School	22 No School	23 No School	24 No School	25 No School	26	
	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL		
27	28	29	30	31	Notes:		
		11-12 Help Desk	11 a.m. All Stu- dent Assembly	2-3 Help Desk			
		In-Person	In-Person	In-Person			
			In-N-Out Tour @ Oakland & Menif- ee @ 9 a.m.	In-N-Out Tour @ Modesto @ 9 a.m.			

## SBAC AND CST TESTING

#### PARENTS AND STUDENTS- It's MANDATORY!

For more information, please check out the website: <a href="http://www.smarterbalanced.org/parents-students/">http://www.smarterbalanced.org/parents-students/</a>
Testing dates will be this Spring, April 27th through May 31st.

**PLUS**...when you show up and complete your scheduled testing, your name will be placed into a drawing for an *awesome* prize!

More details will be coming up soon!

## Intervention!

This is a *free* program for students who want extra help in math or English. By participating, *you will earn up to 5% of your course points in extra credit, in your class*!

#### To earn the extra credit, you need to do 4 things:

- 1. Fill out the survey to let us know you want help! http://tinyurl.com/GetMeHelp
- 2. Complete the i-Ready diagnostic when you're contacted do this ASAP! That's how we'll get you a class.
- 3. Complete a quick quiz at your first and last class meeting.
- 4. Attend your skills classes.\*\* That's it!
- \*\*You must attend 70% of the classes to earn credit.

Once you fill out the survey, an intervention teacher will call you to discuss the days/times available. You will attend classes just 90 minutes per week. Most classes meet twice per week for 45 minutes, but some meet three times per week for 30 minutes.

## iReady

Why is it important? So we can support you!

iReady allows us to put proper interventions into place, in our greatest areas of need. If you are in 9th, 10th or 11th, be sure to complete this mandatory aspect of our school as soon as you are asked!

A high school student is writing a letter to the president of the city council about a proposed 9 p.m. curfew for anyone under the age of 18. Read the paragraphs from the letter and complete the task that follows.

#### Dear Mr. President:

When considering the proposed 9 p.m. curfew for people under 18, please consider carefully the negative effects that such a curfew could have on parents, students and our local economy. Please also keep in mind that age does not define maturity. Many students are very responsible but have busy, unpredictable schedules that require them to be out past 9 p.m. For example, sports practices or team get-togethers can often run past that time. For those balancing sports or other extracurricular activities and a job, the only work shifts available are often those from 5:00 p.m. to 10:00 p.m. or 6:00 p.m. to 11:00 p.m., etc. With a curfew in place, these options are no longer available, and students may find themselves forced to drop extracurricular activities, which could in turn affect college applications.

In addition to harming the high school students, the proposed curfew could hurt the community as a whole.

Those who say that the curfew will prevent crime by keeping teens off the streets are unfairly mischaracterizing most young people. Most teens are responsible and do not break the law. Rather than the government imposing a curfew, why not leave it up to parents to set and enforce such rules for their teenagers? If underage drinking and the illegal distribution of drugs and alcohol are problems that you believe are associated with late-night teen activity, focus on those activities and the small minority of teens who engage in them. Don't punish local business people, parents, and the vast majority of teens who act responsibly for the misbehavior of a few.

Sincerely

Greg Madden

#### Student notes:

- New methods of instruction being instituted by colleges and universities; teachers requiring students to work on group projects.
- · Students working/studying in the evening after extracurricular activities
- Families struggling in tough economic times; some students needing part-time jobs to help support families
- City council president announced last week that she opposes penalizing students for being involved in sports/extracurricular activities
- Supporters of the curfew: according to a study commissioned by the district attorney, it will prevent crime; most teens responsible and don't break the law.
- The U.S. secretary of labor acknowledged that these are harsh economic times; local businesses can't afford to lose customers
- If students have to give up extracurricular activities to take earlier shifts, it could hurt their college prospects; with new college and career standards, colleges and universities raising standards for admission: we should not create more obstacles for college qualification.
- A recent countywide survey found that a majority of parents with both high school and younger children believe that the proposed curfew
  will force them to drive students who could drive themselves, making it difficult for them to care for younger children at home.

Using the underlined topic sentence, complete the second paragraph. Use information from the student's notes in your paragraph.

# SBAC AND CST TESTING EXAMPLES

Consider the function  $f(x)=x^2-5x-14$ . Are the numbers in the chart zeros of the function? Select Yes or No in each row.

	Yes	No
2		
7		
-2		
-7		

**MATH** 

ELA

#### How to Be a Successful Online Learner

**By Marci Knoll** 



There are many obvious differences between the online learning environment and the traditional brick and mortar school. Students may have to change or adapt their study habits to be successful in the online learning environment due to the fact that it provides more independence and moving at an individualized pace. Here are some quick steps a student can take to be a successful online learner.

#### Create your best learning environment

You may be out the classroom where you no longer have to worry about other students talking, keeping up with what the teacher is going over, or staring at that poster on the wall, but there are still plenty of distractions at home. Find a place in the house where you will not be disturbed and let others know the hours you will be working so they know you need to be left alone. Like background music? Find a good Pandora station that plays something that will not draw your attention from the work. Need silence? Noise-canceling headphones or ear plugs may come in handy. Be sure to keep water and healthy snacks close at hand to keep you energy up.

#### Make a weekly study plan

Remember that you need to be logging in to your content classes on a daily basis. Create your own weekly calendar that lists when your teachers have Class Connect Sessions and hold tutoring sessions. Keep that paper close to your computer so you have it to refer to throughout the week. Decide how you will divide the rest of the time amongst your content classes. The more you can organize yourself, the better you will be able to prioritize your time and stay current in your classwork.

#### Ask your teacher

Not only do you have your content teachers as a resource, you also have your homeroom teacher in your corner, always ready to support you. You will never be at a loss for people to turn to for help because you have a huge support team ready to answer questions, meet you in a classroom to go over an assignment, who host weekly tutoring sessions to keep you caught up, and are only a phone call or kmail away. Don't wait until the end of the quarter or until weeks after an assignment is due to reach out to your teachers for help, that will just add unnecessary stress, especially if you are struggling in more than one class. As a teacher, the number one priority is always the student so never be afraid to ask a question.

#### Ready to take the test?

When it comes time for the test at the end of a unit, remember to prepare yourself with the necessary information throughout the unit. The content typically suggests what to print out and take notes on that will help you with the test in the end. Often times there is also a vocabulary list as well as study guides, so check for those as well. Unhappy with your first score? Don't stress, just look over the material again, skim the content, and take the test again when you feel you are ready.

## Quick Success Points for Online School

By Johnny Ng

The most successful families at the online high school exercise two effective traits: consistency and communication. Students and Learning Coaches who log in consistently (daily) tend to find themselves less stressed and more organized throughout the year because they're always on top of every task. Additionally, those families that maintain communication with their teachers also tend to do better as well. Your teachers want to hear from you, whether it be to go over schoolwork, to go over planning strategies, or even to hear about your day. Communication and consistency are key!

## **Major World Religions March 2016 Celebrations**

1<sup>st</sup>: St. David of Wales - Christian Intercalary Days end - Baha'i

2<sup>nd</sup> – 20<sup>th</sup>: Nineteen Day Fast \* - **Baha'i** 

6<sup>th</sup>: Orthodox Sunday - Orthodox Christian

8<sup>th</sup>: Maha Shivaratri \*\* - **Hindu** 

13<sup>th</sup>: Cheesefare Sunday - **Orthodox Christian**L. Ron Hubbard birthday - **Scientology** 

17<sup>th</sup>: St Patrick's Day - **Christian** 

20<sup>th</sup>: Equinox

Ostara \* - Wicca/Pagan northern hemisphere

Mabon \* - Wicca/Pagan southern hemisphere

Palm Sunday - Christian

21<sup>st</sup>: Norooz (New Year) - Persian/Zoroastrian

Naw-Rúz (New Year) \* - Baha'i

23<sup>rd</sup>: Lord's Evening Meal - **Jehovah's Witness Christian** 

Holi \*\* - Hindu

Magha Puja Day - Buddhist \*\*

24<sup>th</sup>: Purim \* - Jewish

Maundy Thursday - Christian

Hola Mohalla - Sikh

25<sup>th</sup>: Good Friday – **Christian** 

Annunciation of the Blessed Virgin Mary - Catholic Christian

27<sup>th</sup>: Easter - **Christian** 

28<sup>th</sup>: Khordad Sal (Birth of Prophet Zaranthushtra) \*\* - **Zoroastrian** 

30<sup>th</sup>: Mahavir Jayanti \*\* - Jain

\*Please let us know if we are missing any important information on this calendar so we can celebrate YOU!

\*Information courtesy of <u>www.interfaithcalendar.org</u>

# We Celebrate YOU!

Peace, understanding and appreciation is always a good thing!

## Counselor's Corner

By Jaime Forrest



If you are interested in concurrent enrollment, which is taking community college courses while in high school, you will need to follow these steps:

- ⇒ Ensure you have a 2.0 GPA
- ⇒ Contact Jaime Forrest to determine which class would be most beneficial for you to take
- ⇒ Obtain a concurrent enrollment form from the community college you wish to take a class at Complete the form
- ⇒ Send completed form to Jaime Forrest for signature and school stamp
- ⇒ **MUST** allow 2 weeks for signature and school stamp

Be sure to contact Jaime Forrest, your Student Support Specialist, with any questions!



Call 714-579

Must be reserved by **May 31st**, **2016** to take advantage of the discounted rate. You can even extend your stay for as long as you would like at the same rate!

Call 714-579-7400 and ask for the Insight Group Rate.

Graduation is Wednesday, June 22nd, 2016





Insight Schools of California, Los Angeles and San Diego's graduation ceremony will be held at the Brea Community Center in Brea on Wednesday June 22<sup>nd</sup>, beginning promptly at 11:00 a.m.

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Insight Schools of California, San Joaquin's graduation ceremony will be held at the Terahishi Event Center in Tracy on Friday June 24<sup>th</sup> beginning promptly at 2:00 p.m.

SAVE THE DATE!

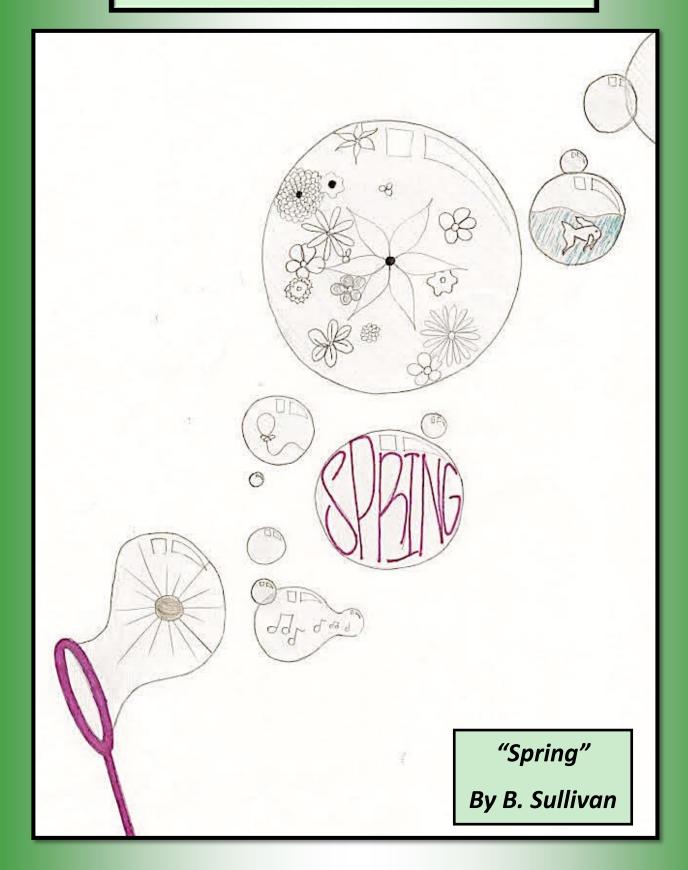




## **Students Unite!**









## **Students Unite!**

# A Collection of stories, inspirations and art from Insight students.



### Luna and the Gypsy

By A. Ferrel

Whenever I think of my childhood I remember this emptiness that overtook my entire being. It was not a sadness but rather a yearning. It blazed through me like a raging wildfire. Scorching every tree in its unforgiving path. I wish I could say I put out the dancing flames that are within me so I would be able to blend in with the rest of society but I soon realized it taking over my existence was inevitable. The trees it was demolishing were the brainwashed structure I had developed without acknowledgment. I used to smile when I didn't feel like it and laugh only half-heartedly daily because in today's society it's just what you do. I never noticed prior to my awakening how normalized my unhappiness was.

During my teenage years is when my yearning amplified. My family thought it was a basic rebellious teenager phase that they too had went through. Boy were they wrong. When this all became clear was when one day I went to the store with my mom and by the time we were traveling back home it was already nighttime. It was warm in the car so I rolled down my window and happened to look out of it when something strange caught my attention. The moon. The way it glistened and how lonely it looked. The way it seemed to follow you yet never has the ability to catch up. It was the first time I really noticed the beauty of the lone-some moon. That breathtaking sight with the cold air sprinting through my disheveled hair. It sparked something in me and it was as satisfying as fitting the last puzzle piece in. Although this feeling was pure ecstasy it made me realize something horrifying. If I barely recognized the saddening beauty in Luna then what else have I been blind to? This was the spark responsible for the wild-fire within my actuality.

After the reveal was clear to me I started to see the truthful essence in everything. Details in the sky, the land, and the people who surround me. The more I discovered about the people I was surrounded by the more disheartened I became. The people I used to bond with are now the people who seem distant. They tell me 'You've changed' or 'so are you like a tree hugger now?' I try to explain to them, even my own family, but it's of no use. They don't know me anymore and I don't know them. Every night I go outside and look up at Luna. Her and I seem more alike now. Even when she is around billions of twinkling stars that stud the sky she stills keeps to herself. I think because, much like my problem, she is surrounded by many beings but nothing that suits the means of her inner spirit. It isn't the others that is the issue but us because of our involuntarily strange way of being. Then my mission was showcased before my wide eyes like the neon signs that dazzle Las Vegas. It sounds undeniably crazy but I wanted to travel alongside Luna that way we could be alone but together.

The next morning I relayed my mission to my parents in a very serious conversation at the dinner table. They gave me reasons not to do it and other options like backpacking across Europe then coming back home. They said it would clear those crazy thoughts from my system but I just chuckled at their misconception.

"Mom this is not something I could subside with a trip to Europe. It's a way of life I am taking on." That was my argument but was an invalid one to the both of them.

During the middle of that same night I left. I left with no hard feelings towards either of my parents and even left them a note telling them I love him and not to fear. I left with my new but old friend Luna and the feeling of freedom coursed through my veins which kept my body warm. Just like the beginning it was Luna, the night sky, and whispering wind that ran through my disheveled hair. I felt complete alongside Luna and it may just be me but she glimmers a little brighter now. The moral of this is to 'wake up and smell the fresh roses' because it's euphoric. I'll leave it to you to decide if you have yet endured the spark that fuels the burning fire that gleams deep down inside of not you but your spirit.



## **Students Unite!**







"Spring"

By S. Leon

## **Connect!**

## **Have a Question?**

Your homeroom teacher can help! Call on them with any question through k-mail or by phone!

For technical issues, please call: 866-512-2273



Like Insight Schools of California on Facebook!

#### **Attendance!**

Make entering daily attendance easy- download the *free* K12 Attendance App for smartphones! K<sup>12</sup> Attendance









#### Need guidance and don't know where to turn?

- ⇒ Any crisis, including bullying, abuse, rape, counseling or suicide, call 310-855-4673 or text "TEEN" to 839863.
- ⇒ 24 Hour Crisis Numbers: https://teenlineonline.org/youth-yellow-pages/24-hour-crisis-numbers/
- ⇒ If you need information on food banks, visit: http://www.cafoodbanks.org/find-food-bank



## Have a Marvelous March!















